

The Toastmasters Promise

As a member of Toastmasters International and my Club, I promise:

- *To attend club meetings regularly;*
- *To prepare all of my speeches to the best of my ability, basing them on projects in the Communication and Leadership Program manual or the Advanced Communication and Leadership Program manuals;*
- *To prepare for and fulfil meeting assignments;*
- *To provide fellow members with helpful, constructive evaluations;*
- *To help the Club maintain the positive, friendly environment necessary for all members to learn and grow;*
- *To serve my Club as an officer when called upon to do so;*
- *To treat my fellow Club members and our guests with respect and courtesy;*
- *To bring guests to Club meetings so they can see the benefits Toastmasters membership offers;*
- *To adhere to the guidelines and rules for all Toastmasters educational and recognition programs;*
- *To maintain honest and highly ethical standards during the conduct of all Toastmasters activities.*

....from A Guide to Effective Club Leadership 1999-2000